

Smoky Mountain Home Health and Hospice, Inc. and *Jabo's Pharmacy*



present

RUN FOR THE ROOSTERS 5K



Course Certification #: TN08081MS

DATE, TIME, PLACE: Sunday evening, June 6, 2010 at 6:30 p.m. Start and finish at the Newport City Park.

COURSE DESCRIPTION: Certified out and back course from the Newport City Park. Fast and flat.

REGISTRATION AND FEES: Runners may pre-register or sign up the day of the race from 5:00 p.m. until race.

- **PRE-REGISTRATION (POSTMARKED BY 5/31/2010):**
5K \$15.00
1-mile fun run/walk \$10.00
students (18 & under) : 5K \$12.00; 1-mile fun run/walk \$8.00
- **LATE REGISTRATION (AFTER 5/31/2010)**
5K \$20.00
1-mile fun run/walk \$13.00
students (18 & under) : 5K \$15.00; 1-mile fun run/walk \$10.00



T-SHIRTS: t-shirts guaranteed to all pre-registered runners/walkers and while supplies last to late registrants.

AWARDS: Awards to male and female age categories, three deep (*Age Categories: 9 and under, 10-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60 and over*); top male and female Overall, Masters, and Grand Masters. Ribbons for all fun run /walk participants.

INFORMATION: Race Director - Shelley Hammonds - shellee@redjemtshirts.com - 423.237.0960 - redjemtshirts.com/roosterrun

OFFICIAL JUNE 6, 2010 RUN FOR THE ROOSTERS 5K AND FUN RUN/WALK ENTRY FORM

FIRST NAME _____ LAST NAME _____

ADDRESS _____ CITY _____

STATE _____ ZIP CODE _____ PHONE # _____

E-MAIL _____ DATE OF BIRTH _____

AGE ON RACE DAY _____ GENDER (circle one) M F

EMERGENCY CONTACT NAME: _____ PHONE# _____

SHIRT SIZE (circle one): adult S M L XL youth: S M L

(Place an X beside the appropriate event in which you wish to participate) 5K _____ OR Fun Run/Walk _____

****We reserve the right to disqualify anyone who exhibits unsportsmanlike conduct or is abusive to volunteers.****

ATHLETE'S RELEASE: PLEASE READ

I know that running and volunteering to work in club races are potentially hazardous activities. I should not enter and run in the Run for the Roosters 5K unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running and/or volunteering to work in the aforementioned race, including but not limited to falls, contact with other participants, the effects of the weather, including high heat or humidity, ice and snow, the condition of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in the consideration of your acceptance of my application, I for myself, and anyone entitled to action on my behalf, waive and release the Cocke County Rooster Boosters, Cocke County High School, and City of Newport or any and all members thereof, and all further sponsors, their representatives, successors, from all claims or liability of any kind arising out of my participation in the aforementioned event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I also grant permission to all the foregoing to use any photograph, motion pictures, recordings, or any other record of this event for any legitimate purpose.

YOU MUST SIGN AND DATE TO PARTICIPATE

Athlete's Signature _____ Date _____

Parent/Guardian Signature if under 18 _____ Date _____

Fill in and mail with entry fee to: Run for the Roosters, 105 Ridge Runner Rd, Newport, TN 37821

Make Checks payable to: Cocke County Rooster Boosters

Thanks for Your Support!!!